

Birth Arts International Breastfeeding Educator Outline

Required Textbooks

- Breastfeeding and Human Lactation, 6th Edition at least. Karen Wambach and Becky Spencer
- Counseling the Nursing Mother: A Lactation Consultant's Guide Lauwers, Judith at least the seventh edition.
- Supporting Sucking Skills in Breastfeeding Infants. Watson Genna, Catherine

We also have students select 4 books for additional educational support.

Educational Outline

Each aspect in the outline has additional associated topics and information. Students have access to a 335+ page course manual, tons of resources and to over 40 lectures to help you learn.

Welcome Materials

Effective Study Habits

Birth Arts International Philosophy, SOP and the Student Handbook, Assignments and Reading Lists.

Client Care Introduction

HIPAA

Confidentiality

Ethics

The Ethical BEC

Anatomy and Physiology

Anatomy of Lactation

Physiology of Lactation

Hormonal Influences on Lactation

Infant Oral Anatomy and Development

Human Milk Composition

Terminology and Practice Information

BEC Documentation

Universal Precautions

Initiating Feedings

Positioning and Latch

Feeding Multiples

Chestfeeding

Breast Pumps, Manual Expression and Milk Storage

Nursing Late Preterm Infants

Nursing Preterm Infants

Weight Gain Issues

Post Birth Recovery

Breastfeeding and Milk Production

Herbs that are Galactagogues

Breast Care During Nursing

Cracked Nipples

Blocked Ducts

Mastitis

Herbs to Avoid While Breastfeeding

After Pains

Back Ache

Nutrition for the Nursing Parent

Development and Nutrition

Medications and Nursing

Medicine Safety and Research

Partners and the World Around Us and its Effects on Nursing

Supporting LGBTQIA Clients

Supporting the Nursing Parent

Diversity and Better Support Skills

Culture

Disparity Gap

When Nursing Fails

Jaundice and Nursing and Other Topics

Tips for Supporting Families

Infant and Parent Health Concerns

Prenatal to Postpartum Care

Nursing and Cesarean Birth

Breast/Chest Related Problems

Communication

Inner Work and Personal Development

Non-Verbal Communication

Static Features

Dynamic Features

Dialogic Listening

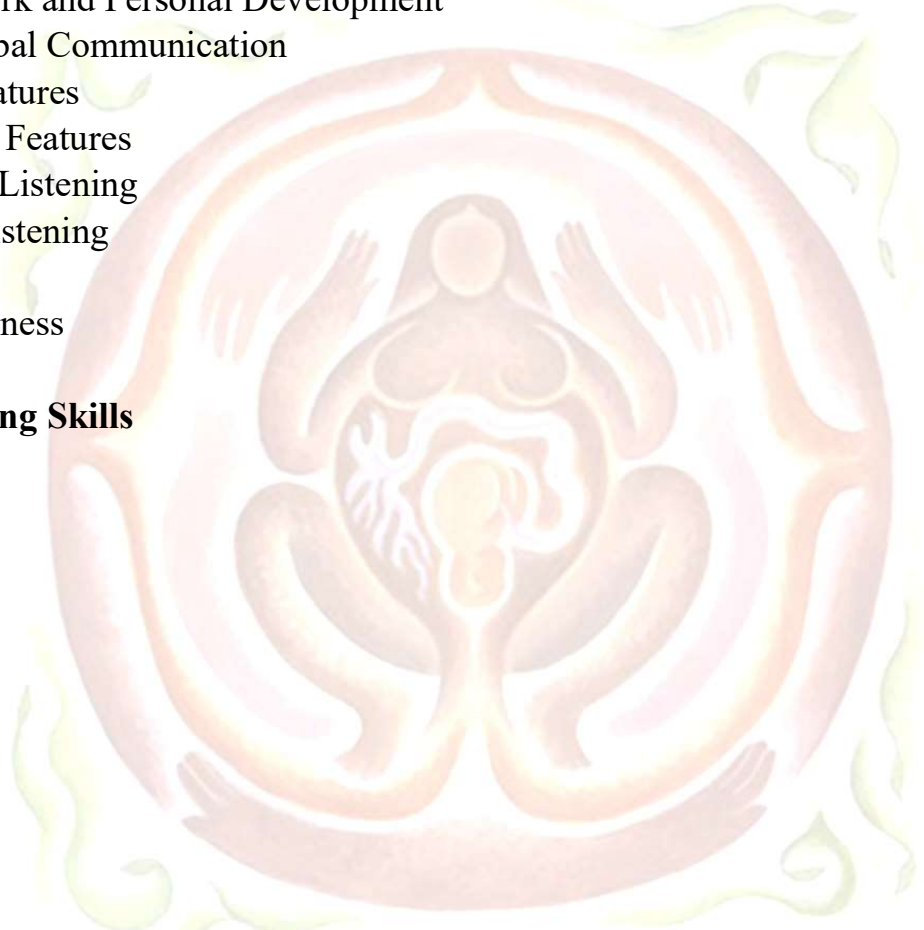
Active Listening

Empathy

Assertiveness

Counseling Skills

*Birth Arts
International*



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